

# Terms & Conditions



Thank you so much for your interest in our Dash of Colour event. Please read the terms and conditions below before registering. For further, more detailed information please read the FAQs on our website at [www.pth.org.uk/dash-of-colour](http://www.pth.org.uk/dash-of-colour)

Dash of Colour is a 2.5k or 5k route around Frimley Lodge Park. The 5k route is made up of two laps.

We do recommend that participants be aged 5 and above. Please consider that although the paint is completely harmless, the event will be noisy, messy and possibly overwhelming for some younger children. Participation for children age 5 and under is at the discretion of their parent or guardian.

All participants aged 16 or under must be accompanied by an adult participant, who has signed a Guardian's Declaration taking responsibility for them.

Please be aware that whilst largely flat the route does contain uneven ground and wooded areas. Dash of Colour is not a race – participants must take part at their own pace and are welcome to run, walk, jog, skip, hop, or even dance!

Participants must complete an official registration with the correct non-refundable registration fee. On the day registration is not guaranteed, and Phyllis Tuckwell reserves the right to close registration when participant levels reach capacity, whether prior to or on the day of the event.

The early bird registration fee is **£20 for Adults (age 14+), and £16 for Children (age 13 & under)** until **Sunday 31 May 2026**. As of **Monday 1 June 2026**, the registration fee will increase to **£25 for Adults (age 14+), and £18 for Children (age 13 & under)**. Should registration be permitted on the day of the event, this will increase again. All registration fees are non refundable.

The closing date for registration is **Friday 26th June 2026**, but please be aware that this event has been very popular in previous years, and registration may close before then due to the event being fully subscribed.

Once registered you will be assigned a participant number, which will be emailed to you in advance and detailed in your participant's pack that you will collect / receive ahead of the event. On the day, you will need to sign in and will then be given your participant number to wear during the event. You must then complete the medical form on the back of the number to validate your entry in the event. Please do not swap numbers with other participants and your place cannot be transferred at any time to anyone else.

All participants must tick the declaration on the registration form to confirm they have read these Terms & Conditions and that you accept them in their entirety.

Please note that your registration fee helps to cover the costs involved in putting on this event. In order for Phyllis Tuckwell to raise significant funds to continue to care for our patients and families, we rely on participants raising sponsorship. Therefore, we would be grateful if you could pledge to aim to raise a minimum of ?50 pp in sponsorship or make a donation if preferred. All the information you require to raise funds will be emailed and in your participant's pack. You are responsible for ensuring that all sponsorship money is made payable to Phyllis Tuckwell with the target date to reach us by Friday 28th August 2026.

Please wear the white Dash of Colour t-shirt that will be issued to you in your participants pack. Please wear suitable old/cheap clothing and footwear that you don't mind getting coloured powder paint on. Phyllis Tuckwell cannot be held responsible for any damage to clothing or equipment. It is also advised that participants wear sun glasses/goggles or equivalent just to prevent powder paint getting into your eyes. Sunglasses will be on sale when you arrive, and masks available in case you wish to wear one.

Please follow directions of both the marshals and signs at all times.

Please come prepared with your own water bottle, and there will be drinking water available for you to fill it up. If you require any further refreshment during the event then please bring it with you. There will be further refreshments to purchase on the day.

Phyllis Tuckwell (the charity and limited company) reserves the right to refuse entry to any person who is unfit to complete the event on the day.

Please note, dogs are NOT allowed.

You understand that photographs and film of participants may be taken at the event for post-publicity purposes and to advertise future events and you consent to their use.

All participants should be in reasonable health and fitness and responsible for your own medical condition. Please consult your doctor prior to taking part if you are unsure if you will be fit enough.

Participants must take responsibility for their own safety at all times, especially near the short part of the route that runs alongside the Basingstoke Canal.

No alcohol must be consumed either before or during the event.

Participants agree that you enter this event at your own risk and you will not hold Phyllis Tuckwell (the charity and limited company), their employees and volunteers responsible for any personal injury, accident, loss, damage or public liability.

Due to unforeseen circumstances Phyllis Tuckwell (the charity and limited company) reserves the right to amend details or cancel the event at any time.

Phyllis Tuckwell reserves the right to make changes to the event and terms & conditions at any time.

If you would like to discuss accessibility for wheelchairs on the course, please contact us at the details below, as this will vary depending on the skill and experience of the individual.

If you have any further queries, please do not hesitate to contact us at [support@pth.org.uk](mailto:support@pth.org.uk) or by calling **01252 729446**.

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